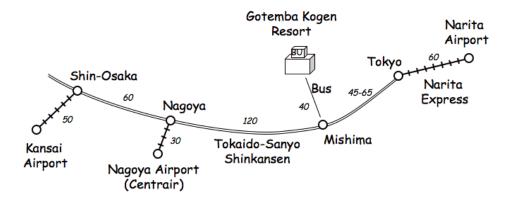
### 2010 INTERNATIONAL POLYAMINE CONFERENCE Progress in Medicine and Life Sciences

# June 14 (Mon) -18 (Fri), 2010 Gotemba Kogen Hotel BU at Gotemba Kogen Resort "Toki-no-sumika"

# <TRANSPORTATION>



#### FROM NARITA AIRPORT TO TOKYO

Take "Narita Express" train (Japan Railway, JR). It takes one hour and costs 2,940 yen. There are 1-2 trains every hour from 7 am to 9 pm. You can purchase the reservation tickets at the station. If you go directly from Narita to Mishima, you can buy tickets all the way. Estimate the transfer time as 10-15 min. You can find the timetable at <a href="http://jreast-shinkansen-reservation.eki-net.com/pc/english/common/timetable/e\_nex\_u/index.html">http://jreast-shinkansen-reservation.eki-net.com/pc/english/common/timetable/e\_nex\_u/index.html</a>

# FROM TOKYO TO MISHIMA

Take "Tokaido-Sanyo Shinkansen (JR)". There are 3 types of trains: Nozomi (fastest), Hikari, and Kodama (stops all the stations). Some Hikari trains and all Kodama trains stop at Mishima. It takes 45 min (Hikari) to 65 min (Kodama) and costs 4,400 yen from Tokyo to Mishima. There are 2-3 trains an hour from 6 am to 10 pm. A list of trains that take you to Mishima without changing the trains is <u>here</u>. You can find the full time table at <u>http://english.jr-central.co.jp/info/timetable/index.html.</u>

FROM MISHIMA TO THE CONFERENCE SITE (GOTEMBA KOGEN RESORT)

Take a shuttle bus (free of charge) at Mishima station (North Exit) and get off at "Kogen Hotel Mae". No reservation is needed. It takes 40 min and the buses depart every hour from 10 am to 7 pm. The timetable is <u>here</u>.

#### FROM KANSAI OR NAGOYA INTERNATIONAL AIRPORT

There is a train connected to a Tokaido-Sanyo Shinkansen station from each International Airport. Estimate 4-4.5 hours from Kansai International Airport and 2.5-3 hours from Nagoya International Airport to Mishima station including transfer. Please contact the secretary for details.

#### <ACCOMODATION>

IMPORTANT : The hotels in the Gotemba Kogen Resort do not provide an exchange service of foreign currency. It is advised to exchange at the airport. Most of credit cards (Visa, Master, American Express, Diners) are accepted.

The rooms in "Blueberry Lodge" have been upgraded to those in "Slow House Villa" (<u>http://www.gotembakogenresort.jp/accommodations.html</u>) with the same room charge.

The rooms in "Gotemba Kogen Hotel BU", "Hotel Brush Up" and "Slow House Villa" are equipped with ordinal amenities such as toiletries and shampoo, a hair dryer, pajama, face towel, bath towel, TV, and a refrigerator.

No room services are available. The last order time for the restaurant in "Gotemba Kogen Hotel BU" is 9:30 PM.

There is no ATM in the resort.

Internet connection is available in all the rooms in "Hotel Brush Up", but only a few rooms in "Gotemba Kogen Hotel BU" and "Slow House Villa" have internet connection. Please use wireless LAN in the lobby in front of the Main Hall (on the second floor of Gotemba Kogen Hotel BU). During the session, wired connection is also available in the Main Hall.

#### <Weather and Attire>

Japan has a rainy season in June. It's good idea to bring an umbrella. The average temperature at Gotemba is 18-22 C in June. Please come to the conference with casual cloths. A tie is not necessary even at the parties. If you are planning to join the excursion, additional cloths may be necessary.